

# MUSIC THERAPY

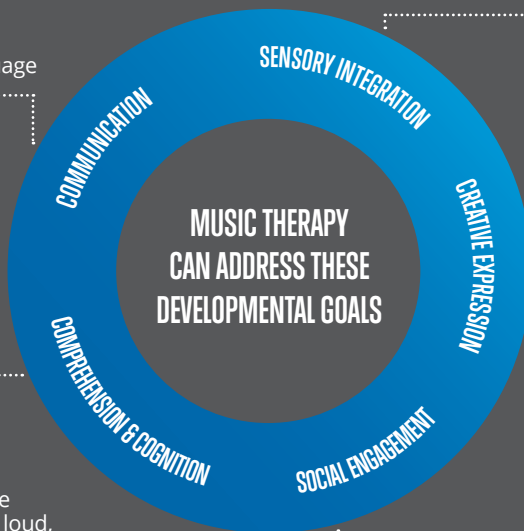
Music activates many areas of the brain and has been found to positively affect brain development, learning and daily functioning. These functions include attention, listening, speech production, emotions, motor skills, memory, coordination and decision-making.

## COMMUNICATION

- Pre-verbal (joint attention, eye contact, concentration)
- Develop intentional vocalisation, words and sentences within a musical setting
- Verbal skill & language

## SENSORY INTEGRATION

- Fine and gross motor coordination
- Integration of sensory systems
- Development of self-regulation



## CREATIVE EXPRESSION

- Creativity
- Spontaneity

## COMPREHENSION & COGNITION

- Learning cognitive concepts such as loud, soft, fast and slow
- Sequencing
- Following instructions

## SOCIAL ENGAGEMENT

- Turn-taking and listening skills
- Developing confidence and resilience
- Working positively in a group setting